



University of
Nottingham

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Training and Professional Development
School of Sociology and Social Policy

Music Care Training: Overview

A three level training programme that prepares caregivers to use music in their care practice with increased confidence and theoretical understanding



Music Care
TRAINING

About Room 217



The University of Nottingham has partnered with The Room 217 Foundation to bring you a unique opportunity to deepen your understanding of music's effect in care spaces and in caring relationships.

The Room 217 Foundation is a not-for-profit corporation and registered Canadian charity dedicated to caring for the whole person with music.

Room 217's music care approach is about using music with intention, allowing the therapeutic principles of sound and musical effect inform us. Music care integrates sound, silence and music into the circle of care, paying close attention to how interpersonal connection and human contact is enhanced through musical associations. Music care aims to enhance well-being and quality of life and care for all people.

Get in touch

To apply or to find out more, get in touch:

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Research and Innovation
University of Nottingham
Jubilee Campus, Triumph Road
Nottingham NG8 1BB

Level 1: The Fundamentals of Music Care: Theory and Context

Level 1 introduces participants to basic theory of music care, and looks at various kinds of strategies that can be applied to various settings.

No prior musical experience or health-sector experience is required for Level 1.

This 2 day programme prepares participants to:

- Understand the basic principles of music in care
- Gain confidence using specific music care techniques
- Develop a strategic plan for a music care program in your practice

Dates	16-17 November 2017 20-21 November 2017
Duration	2 days
Location	University of Nottingham Jubilee Campus, Triumph Road Nottingham, NG7 2TU
Cost	£200 per person Fees include tuition, course materials, and lunch and refreshments.

Level 2: Caring for the Whole Person with Music

Level 2 deepens participants' knowledge and understanding of music's effectiveness in care, by looking more in depth at music care research in specific contexts. Discussing real-life experience of using music in care, and making links between theory and practice, is the theme of the course.

Successful completion of Level 1 is a prerequisite for Level 2.

This 2 day programme prepares participants to:

- Build music strategies that are directly applicable to your care setting
- Increase your knowledge of research in music care domain areas
- Develop awareness of music's role within the circle of care

Dates	TBC
Duration	2 days
Location	University of Nottingham Jubilee Campus, Triumph Road Nottingham, NG7 2TU
Cost	£200 per person Fees include tuition, course materials, and lunch and refreshments.

Level 3: Becoming Music Care Advocates

Level 3 synthesizes participants' knowledge of music care effects (Level 2), their skill in delivering music care strategies (Level 1), and understanding of music care's impact within their care context. Music care advocacy is about playing an important role in music care delivery both on the front lines and the leadership level.

Successful completion of Levels 1 & 2 is a prerequisite for Level 3.

This 24 hour course prepares participants to:

- Develop contextualized understanding of a personal approach to music care delivery
- Develop advocacy skills to optimize music care delivery
- Demonstrate ability to facilitate music care experiences and/or public speaking

Dates	TBC
Duration	24 hours
Location	University of Nottingham Jubilee Campus, Triumph Road Nottingham, NG7 2TU
Cost	TBC